

Block Syllabus for Recruit Basic CourseOutdoor

1.	Duration of the course (9 Months)	= 273 days
2.	Deduction	
	a) No. of Holidays	= 66 days !
	b) Mid Term examination	= 6 days ! - 94 days
	c) Final examination	= 12 days !
	d) POP Preparation	= 10 days !
3.	Total No of working days ( 273-94)	= 179 days
4.	Period per day	= 5 Periods
5.	Total number of periods 179 x 5	= 895 Periods

Distribution of periods

S No.	Subject	Periods
1	P.T.	160
2.	Drill	100
3	Weapon Training	100
4	Crowd Control	50
5	Traffic Control	20
6	Field Craft & Tactics	70
7	Security	15
8	First Aid	05
9	Practical demonstration	05
10	Miscellaneous	20
11.	Samvedi Police	64
12.	Games	80
13.	Gymnasium	64
14.	Library	32
15.	Maintenance	30
16.	Yoga	60
17.	Swimming & Life saving	20
	Total	----- 895 -----

## Outdoor Training Programme

<u>Subjects</u>	<u>Periods</u>
1. <u>Physical Training</u>	
(a) P.T. Table	60
(b) Apparatus work	40
(c) Cross Country	30
(d) Obstacles & Assault	30
	<b>= 160</b>
2. <u>DRILL</u>	
(i) Drill With & without arms	70
(ii) Guard duty	20
(iii) Ceremonial drill	10
	<b>= 100</b>
3. <u>Weapons and Explosives</u>	
(i) .22 rifle	5
(ii) .410 musket	5
(iii) .303 rifle	10
(iv) 7.62 SLR	10
(v) A.K. 47	5
(vi) 9 M.M. Sten	5
(vii) 9 M.M. Carbine	5
viii) Pistol/Revolver	5
ix) L.M.G., .303" & 7.62 MM	10
x) 36 H.E. Grenade	2
xix) 2" Mortor	2
xi) Country-made weapons	2
xii) Elementary knowledge of IEDS explosives	2
xiii) Identification of explosives	2
xiv) Land mines	2
xv) Method of detection and detectors	2
xvi) Measures to overcome Booby traps & land mines	2
(xvii) Precautions & Safety measures while handling explosives & defusing methods.	2
xviii) Block & Naka Bandi	2
(xix) Firing Practice (Musketry/Simulator)	20
	<b>= 100</b>
4. <u>Crowd Control</u>	
(i) Crowd Control Exercise	10
(ii) Lathi Drill/Cane Drill	10
(iii) Tear smoke	10
(iv) Duty during Mela & procession	05
(v) Control of mobs and unlawful assemblies	05
(vi) Use of Gas Mask & protective equipment	2
(vii) Riot Drill	8
	<b>= 50</b>
5. <u>Traffic control</u>	<b>20</b>

6.	<b><u>Field Craft &amp; Tactics</u></b>		
	(1) Field Craft Tactics	10	
	(2) Anti-Terrorist/Extremist operations	5	
	(3) Counter Insurgency	5	
	(4) Elementary map reading & Use of Compas	5	
	(5) Jungle warfare training	10	= 70
	(6) Lecture on commando tactics	5	
	(7) Collection of intelligence	5	
	(8) Route march (10, 15 & 20 KMs)	15	
	(9) Anti Dacoity, Anti Road Hold-up, Anti Robbery operation.	5	
	(10) Elementary knowledge of field engineering	5	
7.	<b><u>Security</u></b>		
	i) Security of VIP,	6	
	ii) Checking of suspects	3	= 15
	iii) Checking of vehicles	3	
	iv) Route lining & carriage parking	3	
8	<b><u>First Aid</u></b>	5	
9.	<b>Practical Demonstration &amp; visit to affected areas</b>	5	
10.	<b><u>Miscellaneous</u></b>		
	a) Practical Training ( Escort of prisoner)	4	
	b) Purpose & use of whistle and alarm	2	
	c) Alarm	2	
	d) Knowledge of bugle calls	2	
	e) Fire prevention & fire fighting	2	= 20
	f) Kit inspection , admin. work etc	2	
	g) Police Radio Net Work & Telephone Duty	2	
	h) Duty of refugee Camp	2	
	i) Natural Calamities (Drought, flood, earthquake, accident & Building collapse )	2	
11.	<b><u>Samvedi Police</u></b> (Drama, Music, literature, Dance, Singing, Communication Skills)	64	
12.	<b><u>Maintenance</u></b>	50	
	Grand Total:-	-----	895
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