

**Block Syllabus Drill refresher Course of NGOs/Ors for one month w.e.f. to 2.1.06 to 31.1.06**

Duration of the Course ( One Month)	=	30 Days
No. of days for final examination	=	02 Days
No. of Holidays	=	07 Days
No. of Working days ( 30-9)	=	21 Days
No. of Periods per Day	=	08 Periods
No. of Total Periods ( 21 X 8)	=	168 Periods

**Details of Subjects**

1.	Physical Training	=	50
2.	Drill	=	60
3.	Miscellaneous	=	58
	Total		----- 168 -----

**Distribution of Periods**

Sr.No	Subject		Period
1.	<b><u>Physical Training</u></b>		
a.	P.T. Table	=	10
b.	UAC	=	10 = 50
c.	Gymnastic ( Front Roll, Back Roll Long up, Cast Wheel, Spilt over, Feet Between the hand, Beam having, Beam Balance & Rope Climbing	=	20
d.	Yoga	=	10
2.	<b>Drill</b>		
a)	Squad Drill, Squad Drill IP	=	10
b)	Rifle Exercise , Rifle Exercise IP	=	10
c)	Squad Drill/Class Taking	=	15 = 60
d)	Platoon & Company Drill	=	10

e)	Stick drill/ Sword Drill	=	05	
f)	Guard Duty/Ceremonial Drill	=	10	
<b>3. Miscellaneous</b>				
a)	Field Craft	=	10	
b)	Traffic Control	=	04	
c)	Mob Control( lathi Cane Shield Tear Smoke & Volley Fire)	=	15	= 58
d)	Weapon Training ( Drill & Handling of all Type Rifle & Baynot, 9 mm Sten/ Carbine, .38 revolver and 9mm Pistol . 303. LMG)	=	29	

**Total**

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**168**

**Approved /-  
DIR/ HPA/MBN**

**OFFICE OF THE DIRECTOR, HARYANA POLICE ACADEMY, MADHUBAN.**

Endst.No. /Trg. dated

A copy of above is forwarded to the following for information and  
take necessary action :-

1. DSP/Trg.
2. C.D.I.

Dy. Director,  
Haryana Police Academy,  
Madhuban

