

Outdoor Training Syllabus for Prob/DSP

- 1. Total No of days - 366 days
- 2. Deduct :-
  - a) Holidays including Sundays & 2nd Saturday - 87 days
  - b) Examination days, POP, Periodical exams, etc. - 39 days
- 3. Total No. of working days (366-126) - 240 days
- 4. Period per day - 5 Periods
- 5. Total number of periods (240x5) -1200 Periods

Distribution of Periods

<u>Outdoor Subjects</u>	<u>Periods</u>
1. Physical Training	200
2. Drill	200
3. Weapon Training	160
4. Crowd Control	85
5. a) Maintenance & Mechanism of motor-cycle , Jeep & Driving	60
6. b) Handling of R.T. equipment	20
7. U.A.C.	60
8. Field Craft and Minor tactics including practical training	75
9. Explosive	25
10. Natural Calamities	30
11. Horse Riding/Swimming ( Compulsory )	40
12. Miscellaneous	105
13. Games	100
14. Tutorial	40
Total	----- 1200 -----

## Distribution of Outdoor Periods

	Periods
<b>1. Physical training :- (200 periods)</b>	-----
a) Army recruits table cards I to 6	35
b) P.T. Apparatus-Rope Climbing, beam, collect horse and ground work, etc.	45
c) Yoga Asans.	50
e) Road walk and run/cross country run, endurance, etc.	30
f) Obstacles course.	20
g) Swimming and life saving.	20
<b>2. Drill :- (200 periods)</b>	
a) Drill with & without Arms.	90
b) Cane Drill/Beaton Drill.	10
c) Sword Drill.	5
d) Platoon Drill.	10
e) Coy. Drill.	10
f) Ceremonial Drill.	10
g) Guard mounting & Guard of honour.	20
h) Miscellaneous Drill.	10
i) Fire Fighting, Street lining and Extended order Drill.	30
j) Kit inspection.	5
<b>3. Weapon Training :- (160 periods)</b>	
a) Rifle & Baynets-all types (.303)	30
b) Light Machine Gun	10
c) .38 Revolver/9mm Pistol.	35
d) 9mm sten Gun/9mm Carbine.	35
e) .36 Hand Grenade/.36 Rifle grenade discharger cup and .303 D.P.Rifle.	20
f) Rifle 7.62 SLR, AK 47 Rifle, AK-74 Rifle, AK 94 Rifle, Rocket Launcher, G-PMG, Explosive devices, etc.	30
<b>4. Crowd Control :- ( 85 periods)</b>	
a) Tear Smoke	15
b) Cane shield drill.	15
c) Mob dispersal drill (Riot Drill)	25
d) Lathi Drill.	15
e) Embusing and Debussing Drill.	5
f) First Aid	10
<b>5. Maintenance and mechanism of motor cycle jeep and their driving</b>	<b>60</b>
<b>6. Handling of R.T equipment.</b>	<b>20</b>
<b>7. Unarmed combat</b>	<b>60</b>
<b>8. (I) Field craft and tactics :- ( 75 Periods)</b>	
including practical training	
a) Selection of fire position.	2
b) Camouflage and concealment.	2

c) Stalking.	2
d) Section/Platoon formations.	5
e) Judging distance.	2
f) Patrolling.	3
g) Ambush and Counter Ambush.(Pract.Trg.)	5
h) Raids on criminal dens.(Pract. Trg)	3
i) Field signals.	3
j) Duties of night sentries.	2
k) Night navigation.	3
l) Fighting in built-up areas.	3
m) Why things are seen (visual training).	3
n) Selection of fire position and camouflage-concealment.	5
o) Search of village for the arrest of criminal/extremists.	3
p) Light and sound.	2
q) Bank robbery and its prevention.	5

	<u>Periods</u>
r) Essentials of armed cycle patrolling in rural areas, ambush and counter ambush action.	3
s) Operation against extremists/criminals with a platoon at farm house or tubewell huts.	5
t) Raid on terrorists/criminal hide-out, search, etc.	5
u) Encountering criminals/extremists in different situations faced by mobile patrol and nakabandi parties.	5
v) Planning of Demonstration Field Craft	2
w) Perpetration of Models	2
<b>9. Explosives :- (25 Periods)</b>	
a) Type of explosives.	10
b) Accessories.	5
c) Recognition of various types of bombs.	5
d) Types of switches.	5
<b>10. Natural Calamities :- (30 PERIODS)</b>	
a) Earth quakes.	4
b) Flood.	4
c) Droughts.	6
d) Fire.	10
e) Rail/Road accidents.	6
<b>11. Horse Riding</b>	<b>40</b>
<b>12. Miscellaneous ( 105 periods)</b>	
a) Practical Training ( escort of prisoners)	10
b) Purpose & use of whistle	5
c) Alarm	5
d) Traffic Signs & Traffic Signals	15
e) What is Quarter Guard & its importance	10
f) Inspection of Parade during President visit	5
g) Inspection of Parade during POP	5

	h) Event Management	10
	i) How to organize a VIP visit ( President, Prime Minister, Governor, Chief Minister)	12
	j) Miscellaneous item	6
	k) Mela & Julsha Duty	10
	l) Tracking	12
13.	<b>Game</b>	100
14.	<b>Tutorials</b>	40
	<b>Total =</b>	----- <b>1200</b> -----