

## Block Syllabus outdoor programme of Constable Advance Course for

uration of the Course (six weeks)	= 40 days
No. of Holiday	= 13 days
No. of days final examination	= 2 days
No. of working days (41-15)	= 25 days
Period per day	= 5 periods
No. of Total periods (25x5)	= 125 periods

### Distribution of Periods

<u>Sr. No.</u>	<u>Subject</u>	<u>Periods</u>
1.	Physical fitness	= 15
2.	U.A.C	= 10
3.	Drill	= 10
4.	Weapon Training	= 34
5.	Demonstrations	= 48
	<b>Total</b>	<b>= 125</b>

### Detail of Subject and Periods

<u>Sr. No.</u>	<u>Subject</u>	<u>Periods</u>
1.	<b>Physical Fitness</b>	
	(a) PPET	18
	(b) Obstacles	07
2.	<b>U.A.C</b>	08
3.	<b>Drill</b>	
	(a) Proper wearing of Uniform	02
	(b) Saluting	02
	(c) Drill with and without arms	06
4.	<b>Weapon Training</b>	
	(a) 7.62 MM SLR, 9MM carbine, 9MM pistol, AK 47 Rifle, Drill and handling	24
	(b) Simulator Musketry	10
5.	<b>Demonstration</b>	
	(a) Arrest and Search	08
	(b) Nakabandi	08
	(c) Guard Duty	08
	(d) Lathi & Cane Shield Drill	08
	(e) Ambush & Raid	08
	(f) VIP Security	08
	<b>Total</b>	<b>= 125</b>

Sd/-  
DIR/HPA/MBN

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1. DSP (T)
2. CDI/HPA